

## Intent:

### What do we want children to learn?

At South Primary School we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE).

PE should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives.

We believe that the skills acquired in P.E. and sport will help children achieve in all areas of their lives.

### What PE looks like at South Marston CE Primary...

We adhere to the National Curriculum Programmes of Study in PE as stipulated in the PE National Curriculum 2014 document.

Each class has two one-hour P.E. lessons per week. Each week one will be Games based and one will be based on movement, dance, swimming or gymnastics.

These are mostly taught by the class teacher, and sometimes by a specialist TA. Swimming is taught by our own teachers who are qualified Swim England NC teachers.

Children are taught through a progression of skills in each activity, and they are encouraged to reflect and evaluate their performances. We use REAL PE as a scheme to support the teaching of these skills.

The school has a range of equipment to support learning.

## Our PE Blueprint



## Implementation:

### How do we do it at South Marston CE Primary?

Each class has two one-hour P.E. lessons per week. Each week one will be Games based and one will be based on movement, dance, swimming or gymnastics.

Through PE lessons, sports clubs, playtimes and active breaks throughout the day, we aim to ensure all children develop their skills in these key areas -

**Personal skills** - such as perseverance, resilience, self-awareness, determination.

**Social skills** - such as patience, sensitivity, understanding difference, cooperation, sharing, learning to win and lose.

**Understanding and problem-solving skills** - such as understanding instructions, carrying out instructions, understanding rules, applying tactics.

**Creative skills** - such as exploring different movements, observing and copying others, creating games, finding ways to achieve.

**Physical skills** - such as improving agility, balance and control, gaining fitness, speed and strength.

**Skills to keep fit and healthy**

Children take part in events organised by Fortius and take part in regular competitive house matches.

PE and School Sports Premium funding is used in a number of areas relating to PE and sport at South Marston School. A breakdown of the funding can be viewed on the School website. Funding is typically spent on CPD for staff, increasing participation, enabling competitive sport and continuing our excellent

## Impact:

### On leaving South Marston CE Primary children will:

They will be able to demonstrate a broad and balanced knowledge and understanding of the primary PE curriculum.

They will show enthusiasm for sport and be able to discuss the benefits of a healthy lifestyle. All children should be able to swim at least 25m on leaving the school. Children will understand the rules of a variety of games, and be able to use their skills to demonstrate a range of physical activities.